



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**CLAIRES MAINOUS**

Has Established The

**-60 TEEN 1**

**Raw**

**78 KG BENCH PRESS SINGLE LIFT  
OHIO STATE CHAMPIONSHIP**

**11/23/2024**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport