



# NEBRASKA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**QUENTIN NELSON**

Has Established The

**-100 TEEN 3**

**Raw Record**

**257.5 KG SQUAT**

**CENTRAL COLLEGIATE CUP SERIES**

**11/23/2024**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport