



# TENNESSEE STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**TERRELL SIZEMORE**

Has Established The

**-125 OPEN RAW RECORD  
505 KG TOTAL PUSH-PULL**

**TENNESSEE STATE CHAMPIONSHIP  
11/17/2024**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport