



# MISSISSIPPI STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**MARY CLAIRE DALE**

Has Established The

**-75 JUNIOR**

Equipped Record

**90 KG BENCH PRESS SINGLE LIFT**

**MISSISSIPPI STATE CHAMPIONSHIP**

**01/16/2022**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport