



## NEW YORK STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**MICHAEL PARRELLA**

Has Established The  
**-83 MASTER 3A**  
**Raw Record (2015-2021)**  
**162.5 KG DEADLIFT**  
**LONG ISLAND NY CORSSFIT LIMITLESS**  
**08/15/2015**



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