



## IOWA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**AMBER MONK**

Has Established The

**-65 OPEN  
Equipped Record  
297.5 KG TOTAL  
QC IRON THRILLER**

**11/02/2019**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport