



WASHINGTON STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

FRANKIE RONGO

Has Established The

**-83 MASTER 2B RAW RECORD (2015-2021)
147.5 KG SQUAT**

**2015 ALKI BEACH CLASSIC (SEATTLE, WA)
08/15/2015**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport