



# NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**DONAVIN SPEARS**

Has Established The

**-82.5 TEEN 3**

**Midwest Regional Raw Record**

**477.5 KG TOTAL PUSH-PULL**

**TEEN NATIONALS**

**03/23/2022**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport