



## NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**ASHTON ROUSKA**

Has Established The  
**-100 COLLEGIATE**  
**Southwest Regional Raw Record**  
**565.5 KG TOTAL PUSH-PULL**  
**2019 COLLEGIATE NATIONALS**  
**04/12/2019**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport