



## NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**ALANA MCGOLRICK**

Has Established The

**-56 MASTER 1B WEST REGIONAL RAW RECORD  
70 KG BENCH PRESS PUSH-PULL**

**ARNOLD - MASTERS OF IRON PRO  
03/04/2022**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport