LOUISIANA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

ASHLEY GICAS

Has Established The

-72 TEEN 3 EQUIPPED RECORD (2015-2021)
115 KG BENCH PRESS SINGLE LIFT

COLLEGIATE NATIONALS (ATLANTA, GEORGIA)
04/11/2015

USAPL

www.usapowerlifting.com

America's Choice Drug-Free Strength Sport