



## FLORIDA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JOHN LAFLAMME**

Has Established The

**-83 MASTER 3 EQUIPPED RECORD (2015-2021)  
227.5 KG DEADLIFT**

**SE USA REGIONALS, PALM BEACH GARDENS, FL  
12/13/2015**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport